



TURTLE TIMES

Victoria Stroke Recovery Association | 2964 Richmond Road, Victoria BC V8V 4V1
250-383-2623 | www.victoriastrokerecovery.org



Don Eisner – May 8th | Bill Cox & Zoe Friesen – May 14th

Upcoming Events – May 2022

Meeting Location: Knox Presbyterian Church, 2964 Richmond Rd., Victoria, BC, V8R 4V1

May 6th – 10:30am - 1:30pm

- Speech Therapy & Language w/Susan Edwards
- Adaptive Exercise w/Alexis Moores

Program: Mother's Day Celebration



May 13th – 10:30am - 1:30pm

- Speech Therapy & Language w/Susan Edwards
- Adaptive Exercise w/Alexis Moores

Program: Debriefing our COVID Experience w/Sandra Large, Clinical Psychologist

May 20th – 10:30am - 1:30pm

- Speech Therapy & Language w/Susan Edwards
- Adaptive Exercise w/ Alexis Moores

Program: Annual General Meeting

May 27th – 10:30am - 1:30pm

- Speech Therapy & Language w/Susan Edwards
- Adaptive Exercise w/Alexis Moores

Program: Music with Supriya



Welcome Back!

VSRA is a non-profit association. It is a self-support group for stroke survivors, their families and their caregivers.

There Is Life After Stroke!

VSRA acknowledges with respect the Lekwungen and WSÁNEĆ Peoples on whose traditional land we meet.

Thank you to all the volunteers and supporters who make the program possible!