



TURTLE TIMES

Victoria Stroke Recovery Association | 2964 Richmond Road, Victoria BC V8V 4V1
250-383-2623 | www.victoriastrokerecovery.org



Upcoming Events – December 2022

Meeting Location: Knox Presbyterian Church, 2964 Richmond Rd., Victoria, BC, V8R 4V1

December 2nd – 10:30am - 1:30pm

- Speech Therapy & Language w/Marie Schuman
- Adaptive Exercise w/Alexis Moores

Program: Film – “On Aphasia” hosted by Marie Schuman



December 9th – 10:30am - 1:30pm

- Speech Therapy & Language w/Marie Schuman
- Adaptive Exercise w/Alexis Moores

Program: Music with Supriya



December 16th – 10:30am - 1:30pm

- Speech Therapy & Language w/Marie Schuman
- Adaptive Exercise w/Alexis Moores

Program: Christmas Lunch with Raffle and Door Prizes!



December 23rd

No Program – Happy Holidays!

See you on January 6, 2023



VSRA is a non-profit association. It is a self-support group for stroke survivors, their families and their caregivers.

Thank you to all the volunteers and supporters who make the program possible!

There Is Life After Stroke!

Please be advised that all program participants (Members, caregivers, volunteers, and presenters) must be vaccinated for COVID-19.

VSRA acknowledges with respect the Lekwungen and WSÁNEĆ Peoples on whose traditional land we meet.