



TURTLE TIMES

Victoria Stroke Recovery Association | 2964 Richmond Road, Victoria BC V8V 4V1
250-383-2623 | www.victoriastrokerecovery.org



Eileen Crawford – November 4th | Margaret McCarthy – November 5th

Upcoming Events – November 2022

Meeting Location: Knox Presbyterian Church, 2964 Richmond Rd., Victoria, BC, V8R 4V1

November 4th – 10:30am - 1:30pm

- Speech Therapy & Language w/Marie Schuman
- Adaptive Exercise w/Alexis Moores

Program: Film – “On Aphasia” hosted by Marie Schuman



November 11th – 10:30am - 1:30pm

No Program – Remembrance Day



November 18th – 10:30am - 1:30pm

- Speech Therapy & Language w/Marie Schuman
- Adaptive Exercise w/Alexis Moores

Program: Music with Supriya



November 25th – 10:30am - 1:30pm

- Speech Therapy & Language w/Marie Schuman
- Adaptive Exercise w/Alexis Moores



Program: Annual Bring-and-Buy Sale

VSRA is a non-profit association. It is a self-support group for stroke survivors, their families and their caregivers.

Thank you to all the volunteers and supporters who make the program possible!

There Is Life After Stroke!

Please be advised that all program participants (Members, caregivers, volunteers, and presenters) must be vaccinated for COVID-19.

VSRA acknowledges with respect the Lekwungen and WSÁNEĆ Peoples on whose traditional land we meet.